

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average burden hours per response:	0.5

1. Name and Address of Reporting Person* <u>Kaplan Steven H.</u> (Last) (First) (Middle) <u>11 LINDEN SHORES</u> (Street) <u>BRANFORD CT 06405</u> (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>RBC Bearings INC [ROLL]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner Officer (give title below) Other (specify below)
	3. Date of Earliest Transaction (Month/Day/Year) <u>11/05/2019</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	11/05/2019		M		200	A	\$128.24	5,000 ⁽¹⁾	D	
Common Stock	11/05/2019		S		200	D	\$163.88	4,800 ⁽¹⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Amount or Number of Shares
Option to Purchase Common Stock	\$128.24	11/05/2019		M		200		07/03/2019 ⁽²⁾	07/03/2025	Common Stock	200	\$0	800	D	
Option to Purchase Common Stock	\$158.48							08/19/2020 ⁽³⁾	08/19/2026	Common Stock	1,000		1,000	D	

Explanation of Responses:

- Includes 2,500 shares of restricted stock, which vest according to the following schedule; 1,000 shares 1/2 of which vest on 7/3/2020 and 1/2 vest on 7/3/2021; 1,500 shares 1/3 of which vest on 8/19/2020, 1/3 vest on 8/19/2021 and 1/3 vest on 8/19/2022.
- All these options to purchase Common Stock are exercisable except for 800 options that are subject to the following vesting schedule - 1/4 vest on 7/3/2020, 1/4 vest on 7/3/2021, 1/4 vest on 7/3/2022 and 1/4 vest on 7/3/2023.
- Options to purchase shares of Common Stock are subject to the following vesting schedule - 1/5 vest on 8/19/2020, 1/5 vest on 8/19/2021, 1/5 vest on 8/19/2022, 1/5 vest on 8/19/2023 and 1/5 vest on 8/19/2024.

Remarks:

/s/ Joseph Salamunovich/attorney in fact 11/07/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.