

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BERGERON DANIEL A			2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) VP, CFO and COO		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/11/2020			6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person		
129 PEACEABLE STREET			4. If Amendment, Date of Original Filed (Month/Day/Year)					
(Street)								
REDDING	CT	06896						
(City)	(State)	(Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	08/11/2020		M		20,000	A	\$64.15	105,492 ⁽¹⁾	D	
Common Stock	08/11/2020		S		20,000	D	\$144.4324	85,492 ⁽¹⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option to Purchase Common Stock	\$64.15	08/11/2020		M			20,000	07/01/2015	07/01/2021	Common Stock	20,000	\$0	0	D	
Option to Purchase Common Stock	\$72.83							07/01/2016	07/01/2022	Common Stock	25,000		25,000	D	
Option to Purchase Common Stock	\$72.94							07/08/2017 ⁽²⁾	07/08/2023	Common Stock	40,000		40,000	D	
Option to Purchase Common Stock	\$99.64							06/27/2018 ⁽³⁾	06/27/2024	Common Stock	30,000		30,000	D	
Option to Purchase Common Stock	\$132.12							06/07/2019 ⁽⁴⁾	06/07/2025	Common Stock	35,000		35,000	D	
Option to Purchase Common Stock	\$143.92							06/03/2020 ⁽⁵⁾	06/03/2026	Common Stock	35,000		35,000	D	
Option to Purchase Common Stock	\$137.44							06/02/2021 ⁽⁶⁾	06/02/2027	Common Stock	20,743		20,743	D	

Explanation of Responses:

- Includes 37,872 shares of restricted stock, which vest according to the following schedule; 8,333 shares vest on 6/7/2021; 16,667 shares 1/2 of which vest on 6/3/2021 and 1/2 vest on 6/3/2022; and 12,872 shares 1/3 of which vest on 6/2/2021, 1/3 vest on 6/2/2022 and 1/3 vest on 6/2/2023.
- All these options to purchase Common Stock are exercisable except for 8,000 options that vest on 7/8/2021.
- All these options to purchase Common Stock are exercisable except for 12,000 options that are subject to the following vesting schedule - 1/2 vest on 6/27/2021 and 1/2 vest on 6/27/2022.
- All these options to purchase Common Stock are exercisable except for 21,000 options that are subject to the following vesting schedule - 1/3 vest on 6/7/2021, 1/3 vest on 6/7/2022 and 1/3 vest on 6/7/2023.
- All these options to purchase Common Stock are exercisable except for 28,000 options that are subject to the following vesting schedule - 1/4 vest on 6/3/2021, 1/4 vest on 6/3/2022, 1/4 vest on 6/3/2023 and 1/4 vest on 6/3/2024.
- These options to purchase Common Stock are subject to the following vesting schedule - 1/5 vest on 6/2/2021, 1/5 vest on 6/2/2022, 1/5 vest on 6/2/2023, 1/5 vest on 6/2/2024 and 1/5 vest on 6/2/2025.

Remarks:

/s/ Joseph Salamunovich/attorney in fact 08/13/2020

** Signature of Reporting Person Date

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.