FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-028

OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>HARTNETT MICHAEL J</u>						2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
	(F LLENBROC		(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/03/2016								X Officer (give title Other (specify below) President and CEO					specify	
(Street) CT 06478							4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(City)	(5	State)	(Zip)		-										Person	ea by Mor	e tnan	One Repor	ting	
(9)				on-De	rivati	ve S	Secu	rities A	cauire	d. Di	isposed o	of. or Be	nefici	allv	Owned					
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/		ar) i	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transa Code (ction	4. Securities	s Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amo Securit Benefic Followi		y Owned Reported	Form:	: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D) Price		Transaction (Instr. 3 ar					(Instr. 4)	
Common	Stock			07/0	1/2015	5			A		39,200	A	\$0.0)1	509,574	(1)(5)(6)(8) D		D		
Common	Stock			06/03/2016		5			M		7,400	A	\$22.72 5		516,974	1 (1)(5)(6)(8)		D		
Common	Stock			06/03/2016		5			S		7,400	D	\$75.3236		509,574	509,574(1)(5)(6)(8)		D		
Common	Stock			06/06/2016		5			M		21,911	A	\$22.	72	531,485(1)(5)(6)(8)			D		
Common	Stock			06/06/2016		5			S		21,911	D	\$75.7	232	509,574	509,574 ⁽¹⁾⁽⁵⁾⁽⁶⁾⁽⁸⁾		D		
Common	Stock			06/07/2016		5			M		27,419	A	\$22.	\$22.72		536,993(1)(5)(6)(8)		D		
Common Stock				06/07	06/07/2016				S		27,419	D	\$75.5011		509,574	509,574 ⁽¹⁾⁽⁵⁾⁽⁶⁾⁽⁸⁾		D		
			Table II								posed of, converti				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Exercise (Month/Day/Year) if any (Monti rivative		emed 4. ion Date, Tra		action (Instr.	n of		6. Date Exercis Expiration Dat (Month/Day/Ye		sable and te	7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security		9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	Ownersh S Form: Oirect (D) Or Indirect (I) (Instr.		Beneficial Ownership ct (Instr. 4)	
									Date		Expiration		Amour or Numbe							
					Code	v	(A)	(D)	Exercisa	able	Date	Title	of Sha							
Stock Option for purchase of Common Stock	\$22.73	06/03/2016			M			7,400	11/16/2	010	11/16/2016	Common	100,0	000	\$22.72	92,60	0	D		
Stock Option for Commn Shares	\$44.6								06/04/2012 ⁽³⁾		06/04/2019	Common Stock	100,0	000		100,000		D		
Stock Option for purchase of Common Stock	\$37.66								10/06/20)12 ⁽²⁾	10/06/2018	Common Stock	100,0	000		100,00	00	D		
Stock Option for Common Stock	\$51.08								06/14/20)14 ⁽⁴⁾	06/14/2020	Common Stock	100,0	000		100,00	00	D		
Stock Option for Common Stock	\$72.83								07/01/20)16 ⁽⁹⁾	07/01/2022	Common Stock	80,0	00		80,00	0	D		
Stock Option for purchase of Common	\$64.15								07/01/20)15 ⁽⁷⁾	07/01/2021	Common Stock	100,0	000		100,00	00	D		

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8) S. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			vative urities uired or oosed O) (Instr.	6. Date Exerci Expiration Dat (Month/Day/Ye	e	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option for purchase of Common Stock	\$22.73	06/03/2016		M			21,911	11/16/2010	11/16/2016	Common	100,000	\$22.72	70,689	D	
Stock Option for purchase of Common Stock	\$22.73	06/03/2016		М			27,419	11/16/2010	11/16/2016	Common	100,000	\$22.72	43,270	D	

Explanation of Responses:

- 1.7,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 10/06/2016. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 2. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 10/06/2012, 1/5 vest on 10/06/2013, 1/5 vest on 10/06/2014, 1/5 vest on 10/06/2015 and 1/5 vest on 10/06/2016. Options expire 7 years from grant date.
- 3. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/4/2013, 1/5 vest on 6/4/2014, 1/5 vest on 6/4/2015, 1/5 vest on 6/4/2016 and 1/5 vest on 6/4/2017. Options expire 7 years from grant date.
- 4. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/14/2014, 1/5 vest on 6/14/2015, 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2017 and 1/5 vest on 6/14/2018. Options expire 7 years from grant date.
- 5. 11,667 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 6/14/2016. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 6. 33,567 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/2 vest on 7-1/2016, 1/2 vest on 7-1/2017. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events
- 7. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7-1/2015, 1/5 vest on 7-1/2016, 1/5 vest on 7-1/2017, 1/5 vest on 7-1/2018 and 1/5 vest on 7-1/2019. Options expire 7 years from grant date.
- 8. 39,200 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 vest on 7/1/2016, 1/3 vest on 7/1/2017, 1/3 vest on 7/1/2018. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 9. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/1/2016, 1/5 vest on 7/1/2017, 1/5 vest on 7/1/2018, 1/5 vest on 7/1/2019 and 1/5 vest on 7/1/2020. Options expire 7 years from grant date.

Remarks:

Thomas J. Williams /attorney in fact/ 06/07/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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