m 4 FORM	4	UNITE	D STA	TES						IGE CO	OMMIS	SION					
			Washington, D.C. 20549											OMB APPROVAL			
Check this box if no longer subject to Section 16. Form 4 or Form 5			STATEMENT OF CHANGES IN BENEFICIAL OWNER									Estimated av		ated ave	erage burde		
ions may contir tion 1(b).	iue. See		File	ed pursu or S	ant to Sectior ection 30(h) o	n 16(a of the	a) of the S Investme	Securit ent Co	ies Exchange mpany Act of	e Act of 193 f 1940	34		hours	per res	ponse:	0.5	
1. Name and Address of Reporting Person [*] HARTNETT MICHAEL J				2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]							(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Mide 102 WILLENBROCK ROAD ONE TRIBOLOGY CENTER					3. Date of Earliest Transaction (Month/Day/Year) 07/01/2014							X Officer (give title Other (specify below) President and CEO					
				4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(5	,		. Devi		0			Die		an Dan		O					
1. Title of Security (Instr. 3)			2. Transa Date	iction	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A)		(A) or	5. Amount Securities Beneficially Following F	/ Owned Reported	Form (D) or	: Direct Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)					
Common Stock			07/01	/2014		A ⁽⁸⁾		50,350	A ⁽⁸⁾	\$0.01	480,560 ⁽²⁾⁽⁴⁾⁽⁷⁾⁽⁸⁾		D				
		Table II -	Deriva	tive S	ecurities	Acq	uired, l	Disp	osed of, o	or Benef	icially O	wned					
2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	e, 4. Transaction Code (Instr.		5. Number of		I		able and	7. Title and of Securiti Underlying Derivative	d Amount es g Security	8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported	re es ally g d	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownershi t (Instr. 4)	
			Cod	ie V	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		51(3)		
\$22.73							11/16/2010 ⁽¹⁾		11/16/2016	Common	100,000		100,000		D		
\$37.66							10/06/20)12 ⁽³⁾	10/06/2018	Common Stock	100,000		100,0	000	D		
\$44.6							06/04/20)12 ⁽⁵⁾	06/04/2019	Common Stock	100,000		100,0	000	D		
\$51.08							06/14/20)14 ⁽⁶⁾	06/14/2020	Common Stock	100,000		100,0	000	D		
\$20.37							11/11/2	:009	11/11/2015	Common Stock	100,000		20,0	75	D		
\$64.15	07/01/2014		A))	100,000 ⁽⁹⁾		07/01/20)15 ⁽⁹⁾	07/01/2021	Common Stock	100,000	\$ 64.15	100,0	000	D		
	FORM this box if no lon ions may continions may continion ions may continions may continion NETT MI (f) LENBROOGY D (C) Security (Inst Stock 2. Conversion or Exercise Price of Derivative Security \$22.73 \$37.66 \$44.6 \$51.08	FORM 4 this box if no longer subject to n 16. Form 4 or Form 5 ions may continue. See tion 1(b). TA Address of Reporting Person* NETT MICHAEL J (First) LENBROCK ROAD IBOLOGY CENTER D C (State) C C C C C C C C C C C C C C C C C C	FORM 4 UNITE this box if no longer subject to n 16. Form 4 or Form 5 ions may continue. See tion 1(b). STA Ind Address of Reporting Person* Middle) NETT MICHAEL J (Middle) LENBROCK ROAD (Middle) IBOLOGY CENTER (Zip) D CT US 06478 (State) (Zip) Table 1 - No Stock Table 1 - No Stock Stock Conversion or Exercise price of Perivative Security (Instr. 3) \$22.73 3. Transaction OP Exercise Price of Perivative Security 3. Deemed Execution Date of Perivative Security \$22.73 1	FORM 4 UNITED STATEME this box if no longer subject to info. Form 5 ions may continue. See that if the control of the con	FORM 4 UNITED STATES this box if no longer subject to in 16. Form 4 or Form 5 loors may continue. See tion 1(b). STATEMENT O reliable of the person in the control of the person in the	FORM 4 UNITED STATES SECUR STATEMENT OF CHAIN In the box if no longer subject to not section 200° sec	FORM 4 UNITED STATES SECURITE Washing STATEMENT OF CHANCED In the point of points of the instruction of the point of the instruction of the point of the instruction of the point of the instruction of t	FORM 4 UNITED STATES SECURITES AN Washington, D. this box if no longer subject to 100 memory on the longer subject to 100 memory	INITED STATES SECURTIES AND E Description (Description of the long strategies of the long str	FORM 4 UNITED SACURITIES ADDEXCHAN Walington, D.C. 20049 STATEMENT OF CHANCES IN DEVECTION The box in long, D.C. 20049 Statement of long or subject to box in long, D.C. 20049 Inter or subject to box in long, D.C. 20049 Statement of Colopany of the Sacotifies Exchang on Sacotin 30(h) of the Investment Company Add of Address of Reporting Person" METT MICHAELJ ILENBROCK ROAD IBOLOGY CENTER 2. Issue Mane and Ticker or Trading Symbol RBC Bearings INC [ROLL] 0 CT US 06478 0 CT US 06478 0 CT US 06478 0 CD CD Table 1 - Non-Dertvetree Securites Acquired, Month/Day/ Price dow Social for the Manual Michael Michael Month/Day/ Code (Instr. 3) 2. Table I - Dertvetree 2. Tamaaction (Month/Day/Year)	PORM 4 Distribution of the object subjects in the object subjects in the object subjects in the object subjects in the object subject	DINTED STATES SECURITES AND EXCHANGE COMMISE Waitington, D. C. 2009 STATEMENT OF CHANGES IN DENEFFICIAL OWNERSH Distance of an langer alighest bit sectors of the output alighest bit in the instanted in Company Add of 1920 THE DISTANCE ON DENEFFICIAL OWNERSH DISTANCE ON DENE DISTANCE ON DESCRIPTION DESCRIPTION DENE DISTANCE ON DESCRIPTION DE	Prom 4 DITTED STATES SECURITIES AND EXCHANGE COMMISSION Watering to the second s				

Explanation of Responses:

1. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 11/16/2010, 1/5 vest on 11/16/2011, 1/5 vest on 11/16/2012, 1/5 vest on 11/16/2013 and 1/5 vest on 11/16/2014 2. 21,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 lapse on 10/06/2014, 1/3 lapse on 10/06/2015 and 1/3 lapse on 10/06/2016. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.

3. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 10/06/2012, 1/5 vest on 10/06/2013, 1/5 vest on 10/06/2014, 1/5 vest on 10/06/2015 and 1/5 vest on 10/06/2016. Options expire 7 years from grant date.

4. 11,667 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 6/4/2015. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.

5. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/4/2013, 1/5 vest on 6/4/2014, 1/5 vest on 6/4/2015, 1/5 vest on 6/4/2016 and 1/5 vest on 6/4/2017. Options expire 7 years from grant date.

6. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/14/2014, 1/5 vest on 6/14/2015, 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2017 and 1/5 vest on 6/14/2018. Options expire 7 years from grant date.

7. 23,334 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/2 vest on 6/14/2015, 1/2 vest on 6/14/2016. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or

(ii) may lapse upon the happening of certain events.

8. 50,350 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 vest on 7-1/2015, 1/3 vest on 7-1/2016, 1/3 vest on 7-1/2017. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events

9. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7-1/2015, 1/5 vest on 7-1/2016, 1/5 vest on 7-1/2017, 1/5 vest on 7-1/2018 and 1/5 vest on 7-1/2019. Options expire 7 years from grant date.

Thomas J. Williams /attorney in 07/03/2014

** Signature of Reporting Person Date

fact/

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.