SEC Form 4	
FORM	4

Instruction 1(b)

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HARTNETT MICHAEL J				2. Issuer Name and Ticker or Trading Symbol <u>RBC Bearings INC</u> [ROLL]									Meck all applica	able)	10% Owner					
(Last)(First)(Middle)102 WILLENBROCK ROADONE TRIBOLOGY CENTER					3. Date of Earliest Transaction (Month/Day/Year) 07/01/2014								X Officer (give title Other (specify below) below) President and CEO							
(Street) OXFORD CT US 06478				4. If Amendment, Date of Original Filed (Month/Day/Year)									 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person 							
(City)	(5	State)	(Zip)	n Davis			• • • • • • • • • •			Die	noood of		oficial	. Ourread						
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Trans. Date (Month/II)				actic	action 2A. Dee Executio Day/Year) if any		Deemed ecution Date,		3. Transaction Code (Instr. 4. Securiti Disposed		ities Acquired (A) or d Of (D) (Instr. 3, 4 and		5. Amount Securities Beneficial Following	ly Owned Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common	Stock			07/01	L/20)14			A ⁽⁸⁾		50,350	A ⁽⁸⁾	\$0.0	1 480,560	(2)(4)(7)(8)		D			
			Table II -								osed of, o convertib			Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	tte, 4. Tra	ransaction ode (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable an Expiration Date (Month/Day/Year)		sable and e	7. Title an of Securit Underlyin Derivative (Instr. 3 ar	d Amoun ies g Security	Derivative Security	9. Number derivative Securities Beneficial Owned Following Reported Transactio	re es ally g d	10. Ownershij Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)		
				Code	de	v	(A)			(Instr. 4)										
Stock Option for purchase of Common Stock	\$22.73							11/16/2010 ⁽¹⁾ 11/16/2016 Common 100,000 100,		100,0	0,000 D									
Stock Option for purchase of Common Stock	\$37.66								10/06/20	12 ⁽³⁾	10/06/2018	Common Stock	100,00	00	100,0),000 D				
Stock Option for Commn Shares	\$44.6								06/04/20	12 ⁽⁵⁾	06/04/2019	Common Stock	100,00	00	100,0	000 D		100,000 D		
Stock Option for Common Stock	\$51.08								06/14/20	14 ⁽⁶⁾	06/14/2020	Common Stock	100,00	00	100,0	000 D				
Stock Option for purchase of Common Stock	\$20.37								11/11/20	09 ⁽¹⁾	11/11/2015	Common Stock	100,00	00	20,0'	175 D				
Stock Option for purchase of Common Stock	\$64.15	07/01/2014		A	(9)		100,000 ⁽⁹⁾		07/01/20	15 ⁽⁹⁾	07/01/2021	Common Stock	100,00)0 \$64.15	100,0	000	D			
Explanatio	n of Respons	ses:	1				1							1				1		

1. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 11/16/2010, 1/5 vest on 11/16/2011, 1/5 vest on 11/16/2012, 1/5 vest on 11/16/2013 and 1/5 vest on 11/16/2014 2. 21,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 lapse on 10/06/2014, 1/3 lapse on 10/06/2015 and 1/3 lapse on 10/06/2016. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.

3. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 10/06/2012, 1/5 vest on 10/06/2013, 1/5 vest on 10/06/2014, 1/5 vest on 10/06/2015 and 1/5 vest on 10/06/2016. Options expire 7 years from grant date.

4. 11,667 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 6/4/2015. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
5. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/4/2013, 1/5 vest on 6/4/2014, 1/5 vest on 6/4/2015, 1/5 vest on 6/4/2016 and 1/5 vest on 6/4/2017. Options expire 7 years from grant date.

6. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/14/2014, 1/5 vest on 6/14/2015, 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2017 and 1/5 vest on 6/14/2018. Options expire 7 years from grant date.

7. 23,334 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/2 vest on 6/14/2015, 1/2 vest on 6/14/2016. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or

(ii) may lapse upon the happening of certain events.

8. 50,350 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 vest on 7-1/2015, 1/3 vest on 7-1/2016, 1/3 vest on 7-1/2017. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events

9. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7-1/2015, 1/5 vest on 7-1/2016, 1/5 vest on 7-1/2017, 1/5 vest on 7-1/2018 and 1/5 vest on 7-1/2019. Options expire 7 years from grant date.

Thomas J. Williams /attorney in 07/03/2014

** Signature of Reporting Person

fact/

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.