FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549
wasinigion,	D.C.	20040

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
ha has sanaa	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* <u>Kaplan Steven H.</u>				2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [RBC]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner								
(Last) (First) (Middle)						Date of /21/20		est Tran	saction	(Mont	th/Day/Year)			r (give title		Other (s	- 1			
11 LINDEN SHORES														6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)	rreet) RANFORD CT 06405													X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(City) (State) (Zip)			Rı	Rule 10b5-1(c) Transaction Indication															
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Tab	le I - N	lon-Deri	vative	e Sec	curiti	es Ac	quire	d, D	isposed c	f, or Be	neficia	lly Owne	d					
1. Title of Security (Instr. 3)		2. Transac Date (Month/Da		Exe	A. Deemed Execution Date, f any Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a) Securit Benefic Owned	5. Amount of Securities Beneficially Owned Following		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) or (D)	Price	Report Transa (Instr. 3	ction(s)	tion(s)		(Instr. 4)		
Common Stock				05/21/2	5/21/2024				M		600	A	\$158.4	18 3,	915(1)		D			
Common Stock			05/21/2	05/21/2024				M		600	A	\$137.4	14 4,	4,515(1)		D				
Common Stock 05/21/20					2024	024		S		1,200	D	\$296.59	3,	315(1)		D				
		٦	Table I	l - Deriva	ative	Secu	ıritie:	s Acc	uired	Dis	posed of, converti	or Ben	eficiall	y Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number tion of		6. Date Exercisab Expiration Date (Month/Day/Year)		sable and	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares							
Option to Purchase Common Stock	\$158.48	05/21/2024			M			600	08/19/20)21 ⁽²⁾	08/19/2026	Common Stock	600	\$0	200		D			
Option to Purchase Common Stock	\$137.44	05/21/2024			M			600	06/02/20)21 ⁽³⁾	06/02/2027	Common Stock	600	\$0	400		D			
Option to Purchase Common Stock	\$199.16								06/03/20)22 ⁽⁴⁾	06/03/2028	Common Stock	1,000		1,000)	D			
Option to Purchase Common Stock	\$199.09								06/06/20)23 ⁽⁵⁾	06/06/2029	Common Stock	1,000		1,000)	D			
Option to Purchase Common	\$206.19								06/05/20)24 ⁽⁶⁾	06/05/2030	Common Stock	1,000		1,000	,	D			

Explanation of Responses:

- 1. Includes 2,700 shares of restricted stock, which vest according to the following schedule; 500 shares that vest on 6/3/2024; 1,000 shares 1/2 of which vest on 6/6/2024 and 1/2 vest on 6/6/2025; and 1,200 shares 1/3 of which vest on 6/5/2024, 1/3 vest on 6/5/2025 and 1/3 vest on 6/5/2026.
- 2. All these options to purchase Common Stock are exerciseable except for 200 options that vest on 8/19/2024.
- 3. All these options to purchase Common Stock are exerciseable except for 400 options that are subject to the following vesting schedule 1/2 vest on 6/2/2024 and 1/2 vest on 6/2/2025.
- 4. All these options to purchase Common Stock are exerciseable except for 600 options that are subject to the following vesting schedule 1/3 vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2026.
- 5. All these options to purchase Common Stock are exerciseable except for 800 options that are subject to the following vesting schedule 1/4 vest on 6/6/2024, 1/4 vest on 6/6/2025, 1/4 vest on 6/6/2026 and
- 6. These options to purchase Common Stock are subject to the following vesting schedule 1/5 vest on 6/5/2024, 1/5 vest on 6/5/2025, 1/5 vest on 6/5/2026, 1/5 vest on 6/5/2027 and 1/5 vest on 6/5/2028.

Remarks:

/s/John J. Feeney/attorney in

05/22/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.