## FORM 4

# **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

KI I	A	ND	EXCHANGE	COMMISSION
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- [								
	OMB APPROVAL							
- 1								
	OMB Number:	3235-0287						
	Estimated average	burden						

0.5

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OCC IIIStructio	511 10:						
Name and Address of Reporting Person* <u>Elmy Frederick J.</u>			2. Issuer Name <b>and</b> Ticker or Trading Symbol RBC Bearings INC [ RBC ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)   Director 10% Owner			
	(First) LOGY CENTER	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 11/05/2024	Officer (give title Other (specify below) below)			
102 WILLENBROCK ROAD			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)			
(Street) OXFORD	CT	06478	_	Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (	ction			(A) or	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(iiiəti. 4)
Common Stock	11/05/2024		A		677	A	\$ <mark>0</mark>	677(1)	D	

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 6. Date Exercisable and 1. Title of 7. Title and 3. Transaction 3A. Deemed 5. Number 8. Price of 9. Number of 10. 11. Nature Derivative Security (Instr. 3) Conversion or Exercise Price of Derivative Execution Date, if any (Month/Day/Year) Expiration Date (Month/Day/Year) Amount of Securities derivative Securities of Indirect Beneficial Transaction Derivative Ownership Security (Instr. 5) Form: Direct (D) (Month/Day/Year) Derivative Code (Instr. 8) Underlying Derivative Security (Instr. 3 and 4) Securities Beneficially Ownership Acquired or Indirect (Instr. 4) Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Following (I) (Instr. 4) Security Reported Transaction(s) (Instr. 4) Amount Number Date Expiration Date Shares Code ٧ (A) (D) Exercisable Title Option to Purchase Common 11/05/2025(2) 11/05/2024 11/05/2031 990 \$287.85 990 \$0 990 D Common Stock

### **Explanation of Responses:**

- 1. Consists of shares of restricted stock that vest according to the following schedule 1/3 vest on 11/5/2025, 1/3 vest on 11/5/2026 and 1/3 vest on 11/5/2027.
- 2. These options to purchase Common Stock vest according to the following schedule 1/5 vest on 11/5/2025, 1/5 vest on 11/5/2026, 1/5 vest on 11/5/2027, 1/5 vest on 11/5/2028 and 1/5 vest on 11/5/2028

### Remarks:

/s/John J. Feeney/attorney in <u>fact</u>

\*\* Signature of Reporting Person Date

11/07/2024

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.