FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
wasinigion,	D.C.	20040

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPE	OMB APPROVAL									
	OMB Number:	3235-0287									
	Estimated average burden										
-	hours per response.	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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1. Name and Address of Reporting Person* Sullivan Robert M						2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [RBC]											5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 180 WINDMILL HILL						3. Date of Earliest Transaction (Month/Day/Year) 11/29/2023											X Officer (give title Other (specify below) Vice President and CFO					
						Ame	endmen	t, Date	e of Origin	nal Fil	ed	(Month/Da		6. Individual or Joint/Group Filing (Check Applicable Line)								
(Street)									,	iled by One	Repo	orting Perso	on									
WETHERSFIELD CT 06109						Form filed by More than One Reporting Person																
(City) (State) (Zip)					Ru	Rule 10b5-1(c) Transaction Indication																
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																
		Tab	le I - Noi	n-Deriv	vative	Se	curiti	es A	cquire	d, D	isp	osed c	f, or	Ben	eficiall	y Owned	l					
Date					saction /Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Cod	Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				3, 4 and Securition Beneficition Owned I		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
										e V		Amount	()	(A) or Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	Stock			11/2	9/2023				М			800		A	\$99.64	10,:	0,580(1)		D			
Common Stock					9/2023				S			800	00 Γ		\$254.5	9,7	780 ⁽¹⁾		D			
		7	Table II -													Owned						
1. Title of 2. 3. Transaction 3A. Deemed 4. Execution Date, Trans				4. Transac Code (Ir	action of Ex			6. Date I	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		Amount s ecurity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa	able		xpiration ate	Title	N O	Amount or lumber of Shares							
Option to Purchase Common Stock	\$99.64	11/29/2023			М			800	06/27/2	021	00	6/27/2024	Comr		800	\$0	0		D			
Option to Purchase Common Stock	\$132.12								06/07/2	021	00	6/07/2025	Comr Stoo		3,000		3,000)	D			
Option to Purchase Common Stock	\$143.92								06/03/20)21 ⁽²⁾	00	6/03/2026	Comr		5,600		5,600)	D			
Option to Purchase Common Stock	\$137.44								06/02/20	21 ⁽³⁾	00	6/02/2027	Comr		0,000		10,000	0	D			
Option to Purchase Common Stock	\$199.16								06/03/20)22 ⁽⁴⁾	00	6/03/2028	Comr		5,000		5,000		D			
Option to Purchase Common Stock	\$199.1								06/03/20)23 ⁽⁵⁾	00	6/03/2029	Comr		4,000		4,000		D			
Option to Purchase Common Stock	\$199.51								06/01/20	24 ⁽⁶⁾	00	6/01/2030	Comr		5,000		5,000		D			

Explanation of Responses:

- 1. Includes 6,400 shares of restricted stock, which vest according to the following schedule 200 shares that vest on 6/3/2024; 1,000 shares 1/2 of which vest on 6/2/2024 and 1/2 vest on 6/2/2025; 600 shares 1/3 of which vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2025; 1,600 shares 1/4 of which vest on 6/3/2025, 1/4 vest on 6/3/2025, 1/4 vest on 6/3/2026 and 1/4 vest on 6/3/2027; and 3,000 shares 1/5 of which vest on 6/1/2024, 1/5 vest on 6/1/2025, 1/5 vest on 6/
- 2. All these options to purchase Common Stock are exerciseable except for 1,400 options that vest on 6/3/2024.
- 3. All these options to purchase Common Stock are exerciseable except for 4,000 options that are subject to the following vesting schedule 1/2 vest on 6/2/2024 and 1/2 vest on 6/2/2025.
- 4. All these options to purchase Common Stock are exerciseable except for 3,000 options that are subject to the following vesting schedule 1/3 vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2026.
- 5. All these options to purchase Common Stock are exerciseable except for 3,200 options that are subject to the following vesting schedule 1/4 vest on 6/3/2024, 1/4 vest on 6/3/2025, 1/4 vest on 6/3/2026 and 1/4 vest on 6/3/2027
- $6. \ These \ options \ to \ purchase \ Common \ Stock \ are \ subject to \ the \ following \ vesting \ schedule 1/5 \ vest \ on \ 6/1/2024, 1/5 \ vest \ on \ 6/1/2025, 1/5 \ vest \ on \ 6/1/2027 \ and \ 1/5 \ vest \ on \ 6/1/2028.$

Remarks:

/s/John J. Feeney/attorney in

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.