Instruction 1(b)

## FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.	C. 20549
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STATEMENT	OF CHANGES I	N BENEFICIAL	OWNERSHIP

**OMB APPROVAL** OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Williams Thomas J						2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ ROLL ]									ationship of Reporting Person(s) to Issuer k all applicable) Director 10% Owner				vner
(Last) 15 LAUI	(F REL CRES	•	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/19/2017									Officer (give title below)  General Counsel and Secretary				
(Street) BURLIN	eet) JRLINGTON CT 06013		4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv Line) X	vidual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting				n		
(City)	(S	tate)	(Zip)												Person				
		Tab	le I - N	on-Deri	ivativ	e Se	curit	ties A	quire	d, Di	sposed o	f, or Be	nefic	ially	Owned				
1. Title of Security (Instr. 3)		2. Transa Date (Month/D		Exe f) if a	2A. Deemed Execution Date, f any (Month/Day/Year)		Transaction Dispos			Securities Acquired (A) or sposed Of (D) (Instr. 3, 4 an		nd 5) Secu Bend Own Repo		mount of urities eficially ned Following orted		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D)	Price		Transac (Instr. 3	action(s) 3 and 4)			
Common	of Security (Instr. 3)  on Stock  on Stock			06/19/2017				M		2,000	A	\$44.6		5,137(1)(2)(3)		(1)(2)(3) D			
Common Stock			06/19/2017		$\perp$			S		2,000	D	\$105.	4378	3,137(1)(2)(3)		1)(2)(3) D			
Common	Stock			06/19	/2017				M		2,000	A	\$51	.08 5,1		5,137(1)(2)(3)		D	
Common	Stock			06/19/2017				S		2,000	D	\$105.	\$105.4378		3,137(1)(2)(3)		D		
Common Stock			06/19/2017				M		1,500			.83	4,637(1)(2)(3)			D			
Common	Common Stock 06/19/2			/2017	)17		S		1,500	D	\$105.4378		3,137(1)(2)(3)			D			
		-	Table II								posed of, convertil				wned				
1. Title of Derivative Security (Instr. 3)	Conversion	Conversion Date (Month/Day/Year) if Price of Derivative				5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amor of Securities Underlying Derivative Secur (Instr. 3 and 4)		ount 8. Price of Derivative Security				10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	e V (A) (D)		(D)	Date Exercisa	able	Expiration Date	Title	Amou or Numb of Share	oer					
Option to Purchase Common Stock	\$44.6	06/19/2017			M			2,000	06/04/20	)13 <sup>(4)</sup>	06/04/2019	Common Stock	10,0	00	\$44.6	0		D	
Option to Purchase Common Stock	\$51.08	06/19/2017			M			2,000	06/14/20	)14 <sup>(5)</sup>	06/14/2020	Common Stock	10,0	00	\$51.08	2,000		D	
Option to Purchase Common Stock	\$72.83	06/19/2017			M			1,500	07/01/20	)16 <sup>(6)</sup>	07/01/2022	Common Stock	7,50	00	\$72.83	6,000		D	
Option to Purchase Common Stock	\$64.15								07/01/20	)15 <sup>(7)</sup>	07/01/2021	Common Stock	4,50	00		4,500		D	
Option to Purchase Common	\$72.94								07/08/20	017 <sup>(8)</sup>	07/08/2023	Common Stock	7,50	00		7,500		D	

## **Explanation of Responses:**

- 1. 1,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule- 1/3 vest on 7/8/2017, 1/3 vest on 7/8/2018, 1/3 vest on 7/8/2019. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 2. 333 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 7-1/2017. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 3. 667 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule- 1/2 vest on 7/1/2017, 1/2 vest on 7/1/2018. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 4. Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/5 vest on 6/4/2013, 1/5 vest on 6/4/2014, 1/5 vest on 6/4/2015, 1/5 vest on 6/4/2016 and 1/5 vest on 6/4/2017. Options expire 7 years from grant date.
- $5. \ Options to purchase shares of Common Stock are subject to the following vesting schedule-1/5 vest on 6/14/2014, 1/5 vest on 6/14/2015, 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2017 and 1/5 vest on 6/14/2016, 1/5 vest on 6/1$

6/14/2018. Options expire 7 years from grant date.

6. Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/5 vest on 7-1/2016, 1/5 vest on 7-1/2017, 1/5 vest on 7-1/2018, 1/5 vest on 7-1/2019 and 1/5 vest on 7-1/2020. Options expire 7 years from grant date.

7. Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/5 vest on 7-1/2015, 1/5 vest on 7-1/2016, 1/5 vest on 7-1/2017, 1/5 vest on 7-1/2018 and 1/5 vest on 7-1/2019. Options expire 7 years from grant date.

8. Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/5 vest on 7/8/2017, 1/5 vest on 7/8/2018, 1/5 vest on 7/8/2019, 1/5 vest on 7/8/2020 and 1/5 vest on 7/8/2021. Options expire 7 years from grant date.

## Remarks:

/s/ Thomas J. Williams

06/20/2017

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.