FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

	Washingto	n, D.C. 20549	
STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

	OMB APPR	OVAL
	OMB Number:	3235-0287
l	Estimated average bure	den
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Burigo Thomas M			2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner							
(Last) (First) (Middle) 11 HYATT LANE			3. Date of Earliest Transaction (Month/Day/Year) 10/07/2016								X Officer (give title Other (specify below) below) Corporate Controller							
(Street) WESTPORT CT 06880			4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(S	tate)	(Zip)			Person												
			ole I - No			_				Dis	1			ly Owned		1		
Date			Date	nsaction n/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Transaction Disposed C		ies Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported				7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price	Transact (Instr. 3	ion(s) and 4)			
Common	Stock			10/0	7/201	6			F ⁽¹¹⁾		196	D	\$77.5	9,123	3(5)(7)(9)		D	
			Table II -						quired, D					Owned				
Derivative Conversion Date		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date,		4. Transaction Code (Instr.		5. Number 6. n of Ex		6. Date Exe	s, options, convertil c. Date Exercisable and Expiration Date Month/Day/Year)		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Į.	Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares					
Option to purchase Common Stock	\$22.66								07/12/2008	(1)	07/12/2013	Common Stock	4,000		3,000)	D	
Option to Purchase Common Stock	\$37.66								10/06/2012	(2)	10/06/2018	Common Stock	10,000		10,00	0	D	
Option to Purchase Common Stock	\$44.6								06/04/2013	(3)	06/04/2019	Common Stock	10,000		10,00	0	D	
Option to Purchase Common Stock	\$51.08								06/14/2014	(4)	06/14/2020	Common Stock	10,000		10,00	0	D	
Option to Purchase Common Stock	\$64.15								07/01/2015	(6)	07/01/2021	Common Stock	10,000		10,00	0	D	
Option to Purchase Common Stock	\$72.83								07/01/2016	(8)	07/01/2022	Common Stock	10,000		10,00	0	D	
Option to Purchase Common Stock	\$72.94								07/08/2017	10)	07/08/2023	Common Stock	10,000		10,00	0	D	

Explanation of Responses:

- $1.\ Options\ to\ purchase\ shares\ of\ common\ stock\ are\ subject\ to\ the\ following\ vesting\ schedule:\ 1/4\ vest\ on\ 7/12/08,\ 1/4\ vest\ on\ 7/12/09,\ 1/4\ vest\ on\ 7/12/10\ and\ 1/4\ vest\ on\ 7/12/11.$
- 2. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 10/06/2012, 1/5 vest on 10/06/2013, 1/5 vest on 10/06/2014, 1/5 vest on 10/06/2015 and 1/5 vest on 10/06/2016. Options expire 7 years from grant date.
- 3. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/4/2013, 1/5 vest on 6/4/2014, 1/5 vest on 6/4/2015, 1/5 vest on 6/4/2016 and 1/5 vest on 6/4/2017. Options expire 7 years from grant date.
- 4. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/14/2014, 1/5 vest on 6/14/2015, 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2017 and 1/5 vest on 6/14/2018. Options expire 7 years from grant date.
- 5. 500 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 7-1/2017. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 6. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7-1/2015, 1/5 vest on 7-1/2016, 1/5 vest on 7-1/2017, 1/5 vest on 7-1/2018 and 1/5 vest on 7-1/2019. Options expire 7 years from grant date.
- 7. 1,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/2 vest on 7/1/2017, 1/2 vest on 7/1/2018. Unvested shares of Restricted

Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.

- 8. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/1/2016, 1/5 vest on 7/1/2017, 1/5 vest on 7/1/2018, 1/5 vest on 7/1/2019 and 1/5 vest on 7/1/2020. Options expire 7 years from grant date.
- 9. 1,500 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 vest on 7/8/2017, 1/3 vest on 7/8/2018, 1/3 vest on 7/8/2019. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 10. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/8/2017, 1/5 vest on 7/8/2018, 1/5 vest on 7/8/2019, 1/5 vest on 7/8/2020 and 1/5 vest on 7/8/2021. Options expire 7 years from grant date.
- 11. Represents shares withheld by the Company to pay tax liability related to the vesting of restricted stock.

Remarks:

Thomas J. Williams / attorney in fact/ 10/11/2016

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.